

健康診断 検査項目

| 健診項目 | 健診内容 | 充実ドック | あおがめドック | 協会けんぽ | 協会けんぽ付加健診 | 開西病院セット① | 開西病院セット② | 法定健診 | 法定(省略形) | 就職(学)時健診 | メタボ健診 | 特定健診 | |
|----------|------------------------|------------------|-------------|-------|-----------|----------|----------|------|---------|----------|-------|------|----|
| 医師診察 | 胸部聴診、腹部触診 等 | ● | ● | ● | | ● | ● | ● | ● | ● | ● | ● | |
| 問診 | 既往歴、業務歴 等 | ● | ● | ● | | ● | ● | ● | ● | ● | ● | ● | |
| | 自覚症状、他覚症状の有無 等 | ● | ● | ● | | ● | ● | ● | ● | ● | ● | ● | |
| 身体測定 | 身長、体重、視力、血圧、腹囲 | ● | ● | ● | | ● | ● | ● | ● | ● | ● | ● | |
| | BMI、体脂肪率 | ● | ● | ● | | ● | ● | ● | ● | ● | ● | ● | |
| 聴力検査 | 1000Hz、4000Hz | ● | ● | ● | | ● | ● | ● | ● | ● | ● | | |
| 胸部X線検査 | 直接撮影 | ● | ● | ● | | ● | ● | ● | △1 | ● | ● | | |
| 心電図検査 | 12誘導 | ● | ● | ● | | ● | ● | ● | | ● | ● | | |
| 胃部検査 | 胃バリウム又は胃内視鏡検査 | ● | ● | ● | | | | | | | | | |
| 大腸がん検査 | 便潜血反応(2日法) | ● | ● | ● | | | | | | | | | |
| 尿検査 | 糖定性、蛋白定性 | ● | ● | ● | | ● | ● | ● | ● | ● | ● | ● | |
| | 潜血反応 | ● | ● | ● | | ● | ● | | | | ● | | |
| | ウロビリノーゲン、ビリルビン、PH、ケトン体 | ● | | | | | | | | | ● | | |
| | 沈渣 | ● | | | ● | | | | | | | | |
| 血液学的検査 | 血液一般 | 白血球数 | ● | ● | ● | | ● | ● | | | ● | | |
| | | 赤血球数、血色素量 | ● | ● | ● | | ● | ● | ● | | ● | | |
| | | ヘマトクリット | ● | ● | ● | | ● | ● | | | | ● | |
| | | 血小板数 | ● | ● | | ● | ● | ● | | | | ● | |
| | | MCV、MCH、MCHC | ● | ● | | ● | ● | ● | | | | ● | |
| | | 血液像 | ● | | | ● | | | | | | | |
| | 糖代謝 | 血糖(空腹時) | ● | ● | ● | | ● | ● | ● | | ● | ● | ● |
| | | HbA1c(NGSP) | ● | ● | ※1 | ● | ● | | | | | ● | ※4 |
| 生化学的検査 | 肝・臓機能 | GOT、GPT、γ-GTP | ● | ● | ● | | ● | ● | ● | | ● | ● | ● |
| | | アルブミン | ● | | | ● | | | | | | | |
| | | 総ビリルビン | ● | | | ● | | | | | | ● | |
| | | LDH | ● | | | ● | | | | | | | |
| | | ALP | ● | | ● | | | | | | | | |
| | | 総蛋白 | ● | | | ● | | | | | | ● | |
| | | コリンエステラーゼ | ● | | | | | | | | | | |
| | | アミラーゼ | ● | | | ● | | | | | | | |
| | 脂質 | 総コレステロール | ● | ● | ● | | ● | ● | ● | | ● | ● | |
| | | 中性脂肪 | ● | ● | ● | | ● | ● | ● | | ● | ● | ● |
| | | HDL-コレステロール | ● | ● | ● | | ● | ● | ● | | ● | ● | ● |
| | | nonHDL-コレステロール | | | | | | | | | | ● | |
| | | LDL-コレステロール | ● | ● | ● | | ● | ● | ● | | ● | ● | ● |
| | 腎機能 | 尿酸 | ● | ● | ● | | ● | ● | | | | ● | ※4 |
| | | 血清クレアチニン | ● | ● | ● | | ● | ● | | | | ● | ※4 |
| | | 尿素窒素 | ● | ● | | | ● | ● | | | | ● | |
| | | e-GFR | | | | | | | | | | ● | |
| | 電解質 | ナトリウム、クローム、カルシウム | | | | | | | | | | ● | |
| | 免疫学的検査 | 肝炎ウイルス検査 | Hbs抗原、HCV抗体 | ● | | ※2 | ※2 | | | | | | |
| | | | Hbs抗体 | ● | | | | | | | | | |
| 梅毒検査 | | ● | | | | | | | | | | | |
| 炎症反応検査 | | CRP | ● | | | | | | | | ● | | |
| 腹部超音波検査 | | ● | | | ● | | | | | | | | |
| 眼底眼圧検査 | | ● | | ※3 | ● | | | | | | | | |
| 肺機能検査 | | ● | | | ● | | | | | | | | |
| 内臓脂肪CT検査 | | | | | | | | | | ● | | | |
| ダイエットランチ | | | | | | | | | | ● | | | |

※1: 空腹時血糖での検査が実施できない場合に代替可
 ※2: 過去に当該検査を受けたことがない方の希望に基づき実施
 ※3: 医師の判断に基づき選択的に実施
 ※4: 帯広市の受診券をお持ちの方に実施
 △1: 医師の判断に基づき省略可